



What is...

Chicken Kabob: Marinated chicken breast skewered with peppers and onions, then grilled.

Chicken: Shredded chicken breast marinated in spices and baked.

Falafel: Small patties made of ground chickpeas, fava beans and spices.

Greek Salad: Same as fattouch, minus the pita chips and plus feta and olives.

Hummus: Puree of chickpeas and spices.

Mediterranean Kabob: Chicken kabobs marinated in a garlic sauce.

Mediterranean Salad: Tomatoes, cucumbers and green peppers tossed with olive oil and spices.

Steak: Steak and onions marinated in spices and then baked.

Tabbouli Salad: Chopped parsley salad with tomatoes and cracked wheat.

Vegetarian Grape Leaves: Grape Leaves stuffed with chickpeas, rice, tomatoes and spices.

Woody's House Salad: Romaine lettuce tossed with veggies, olive oil and spices, topped with pita chips.

Yogurt Salad: Homemade yogurt mixed with cucumbers, mint and garlic.