**GREEN = VEGETARIAN RED = MEAT ♥** = **VEGAN ■** = **GLUTEN FREE** 

# A LA CARTE

## Falafel Chickpeas, fava beans sesame seeds seasonings, fried

served with tomatoes, turnips tahini sauce 1.75 Doz 17.99

# ♥Samosa (spicy)

Potatoes, peas, onions seasonings, homemade dough, fried 3.29 Doz 39.98

## Cheese Pie

Homemade dough Mozzarella cheese 4.99

### Filo Spinach Pie

Filo dough, feta cheese, spinach onions, hint of lemon seasoning 3.29 Doz 34.98

#### Fries

3.49 Lg 4.49

#### Baked Kibbee Leaves

Lean ground beef bulgar, pine nuts, onions seasonings, layered with seasoned beef 3.49 Doz 37.99

## Kibbee Ball

Lean ground beef bulgar, pine nuts onions, seasonings

3.99 Doz 41.99

#### Hashwi •

A local favorite! Lean ground beef hand shredded chicken rice, slivered almonds seasonings

3.99 Md 6.99 Lg 13.49

#### Meat Cabbage Roll

Lean ground beef, rice seasonings, steamed in a lemon garlic base 2.99 Doz 32.98

# Spinach Pie

Homemade dough spinach, onions, hint of lemon, seasoning 2.79 Doz 27.99

# Zaatar Pie

Homemade dough oregano, thyme sesame seeds olive oil, seasonings 3.99

#### Veggie Cabbage Roll

Rice, chickpeas green onions, parsley tomatoes, seasonings and steamed 2.39 Doz 25.99

#### Veggie Grape Leaves

Rice, chickpeas green onions, parsley tomatoes, seasonings and steamed 1.79 Doz 18.99

## Cauliflower

Fried, served over rice with tahini sauce 6.98

# Eggplant

Fried, served over rice with tahini sauce 6.98

#### Rice

Rice, vermicelli noodles seasonings, sautéed in rendered margarine 1.99 Md 3.29 Lg 6.00

## • Mujadara

Bulgar, lentils, seasonings, and caramelized onion base 3.99 Md 5.49 Lg 9.49

#### Smeed

Bulgar, peppers onions, seasonings 3.99 Md 5.49 Lg 9.49

# Meat Grape

Lean ground beef rice, seasonings steamed in a lemon base 1.99 Doz 21.99

## Meat Pie

Homemade dough lean ground beef, onions pine nuts, seasonings, 3.29 Doz 33.99

### Beef Schawarma

Oven baked slices of marinated beef tenderlion, onions served over rice **7.99** Md 13.99 Lg **25.98** 

## Chicken Schawarma

Oven baked slices of marinated chicken breast served over rice **7.49** Md **13.49** Lg **25.98** 

# Beef Kabob\*

Marinated cubes of beef filet skewered with vegetables grilled, served over rice

## Chicken Kabob

Marinated cubes of chicken skewered with vegetables, grilled served over rice 6.49

### Garlic Chicken Kabob

Marinated cubes of chicken skewered with vegetables, grilled served over rice

# Kafta Kabob

Lean ground beef, parsley onions, seasonings, grilled served over rice 3.99

\*cooked to order consuming raw or undercooked meats may increase your risk of foodborne illnesses

		Combo
Veggie Burger	7.49	12.49
Veggie Burger w/ Cheese	7.99	12.99
Woody's Burger	7.49	12.49
Woody's Burger w/ Cheese	7.99	12.99
Olive Burger	7.99	12.99
Olive Burger w/ Cheese	8.49	13.49
Gyro	7.49	12.49
Chicken Kabob Gyro	7.49	12.49

BURGERS & GYROS

# RAW JUICES (20 OZ.)

MSU Green Machine Apple, cucumber, parsley, sp		Carrot Ginger	4.99
Apple <b>4.99</b>	Lemonad	de Honey Apple	4.99
Carrot 4.99		Orange	5.99
Carrot Beet 4.99		Guava Yogurt	4.99
Carrot Celery 4.99		Mango Yogurt	4.99

# BEVERAGES

Hot Coffee 1.75 Iced Tea with Cardamom 2.28 Hot Turkish Coffee 1.99 Soft Drinks 2.49 Hot Tea with Cardamom 1.99

Assorted Cooler Drinks \$\$\$

# SWEET TREATS

VAlmond Rice Pudding 3.49 Almond milk, rice, sugar, orange blossom & rose water

Rice Pudding **2.99**Rice, milk sugar, orange blossom & rose water

# ASK ABOUT OUR DAILY SPECIALS

Inquire within regarding catering

visit us online at www.woodysoasis.com



1050 TROWBRIDGE RD. EAST LANSING MI 48823 (517) 351-2280 FAX (517) 351-7892

# SOUP

Lentils, rice, onions seasonings, in a vegan lemon base

Cup **3.29** Bowl **4.49** 

# Veggie & Lentil●

Carrots, celery, lentils green onions, red peppers seasonings, in a vegan broth

Cup **3.29** Bowl **4.49** 

#### Chicken Noodle

Hand shredded chicken orzo noodles, parsley seasonings, in a savory homemade broth Cup 3.29 Bowl 4.49

## SALAD

Cabbage

Thin sliced cabbage, hint of parsley, olive oil, seasonings Sm 3.49 Md 6.49 Lg 9.98

Fattouch

Cucumbers, tomatoes, green peppers, romaine lettuce, hint of parsley, radishes, red cabbage, green & white onions, olive oil, seasonings homemade baked pita chips Sm **3.99** Md **6.49** Lg **10.49** 

Feta Chickpea

Finely chopped cucumbers, tomatoes green peppers, green onions radishes, chickpeas, feta cheese hint of parsley, olive oil, seasonings Sm 3.95 Md 7.19 Lg 13.29

Greek •

Cucumbers, tomatoes, green peppers, romaine lettuce, hint of parsley, radishes, red cabbage green & white onions, olive oil feta cheese, olives, seasonings Sm 3.99 Md 6.98 Lg 12.99

#### • Mediterranean

A Woody's Oasis Original! Made with cucumbers, tomatoes green peppers, green onions a hint of parsley, olive oil, seasonings Sm 3.99 Md 6.49 Lg 9.49

#### Tabbouli

Finely hand chopped parsley bulgar wheat, tomatoes, green onions, olive oil, seasonings Sm 4.29 Md 6.98 Lg 12.98

Yogurt Cucumber

Homemade yogurt, cucumber dry mint, garlic, seasonings Sm 3.49 Md 5.99 Lg 9.98

## SIDE COMBOS

(Add .50 for feta salad or flavored hummus)

Cup of soup, hummus or salad 6.49 Bowl of soup, hummus or salad 7.49

Hummus / Salad 7.49

"WE INTRODUCE TO YOU OUR ONE OF A KIND MADE FROM SCRATCH..."

### HOMEMADE HUMMUS

Original

Sm 3.99 Md 6.98 Lg 12.99

Garlic Scallion

Sm 3.99 Md 6.98 Lg 12.99

Pine Nut

Sm **4.29** Md **8.49** Lg **15.99** 

Roasted Red Pepper

Sm 3.99 Md 6.98 Lg 12.99

♥ Spicy ●

Sm 3.99 Md 6.98 Lg 12.99

Baba Ghanoush

Roasted eggplant, tahini, seasonings Sm 3.99 Md 7.99 Lg 14.99





# VEGGIE SANDWICHES

Rolled in pita with lettuce, tomatoes, turnips, sauce Spicy upon request!

## MAKE IT A COMBO

Choice of hummus, salad or soup, pita & a drink Add .50 for feta salad or flavored hummus

Cauliflower

• Eggplant

Falafel

Cabbage Roll

O Grape Leaves

• Mujadara

Smeed

**O** Hummus

Tabbouli/Hummus

Labnee

Served cold

(Strained homemade yogurt)

6.98

11.98

7.99

12.99

# MEAT SANDWICHES

Rolled in pita with lettuce, tomatoes, turnips, sauce Spicy upon request!

## MAKE IT A COMBO

Choice of hummus, salad or soup, pita & a drink Add .50 for feta salad or flavored hummus

Baked Kibbee

Garlic Chicken Schawarma

Kibbee Ball

Kafta Beef

Cabbage Roll **Grape Leaves** 

Chicken Kabob

Beef Kabob\*

Beef Schawarma

Garlic Chicken Kabob

Chicken Schawarma

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# ENTREE SALAD

For an additional .50 substitute for feta salad Add 1.25 for a soft drink

FROM THE OVEN...

BBQ or Spicy upon request!

Beef Schawarma • 13.49

Chicken Schawarma • 12.99

FROM THE GRILL...

BBQ or Spicy upon request!

Garlic Chicken Kabob • 14.99 

Chicken Kabob • 14.99 Kafta Kabob • 14.99

# MEAL COMBOS

BBQ or Spicy upon request!

Served with hummus & salad or soup For additional .50 substitute for flavored hummus or feta salad Add 1.25 for a soft drink

● Falafel Plate ● 11.98

• Mujadara 9.79

Veggie Cabbage Roll ● 12.99 Smeed 9.79

Veggie Grape Leaves ● 13.49

Baked Kibbee 14.49

Meat Cabbage Roll ● 14.99

Kibbee Ball 14.99

Meat Grape Leaves • 14.99

Hashwi • 10.99

SERVED OVER RICE...

Beef Schawarma 15.98

Chicken Kabob 16.49

Kafta Kabob 16.49

Chicken Schawarma 15.98

Garlic Chicken Kabob 16.49

Beef Kabob\* 18.99

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